



2018 Swim Lessons

Ages 3 & Older

Weekdays (Monday-Thursday)

10:00am | 10:30am | 11:00am | 11:30am

Session #1: June 18th-28th

Session #2: July 2nd-12th *no class July 4th

Session #3: July 16th-26th

Session #4: July 30th-August 9th

\$70/8 classes for Sessions 1, 3, & 4 \$61.25/7 classes for Session 2

*there are no make-up classes or refunds for missed classes

Weekends (Saturday & Sunday)

9:30am | 10:00am | 10:30am | 11:00am

Saturdays: June 16th-August 18th

Sundays: June 17th-August 19th *no lessons July 22nd

\$87.50/10 classes for Saturdays & 78.75/9 classes for Sundays

*there are no make-up classes or refunds for missed classes

Parent-Tot (6mo-3yrs)

10:30am Saturdays or Sundays

\$87.50/10 classes for Saturdays & 78.75/9 classes for Sundays

*there are no make-up classes or refunds for missed classes

Private Lessons (all ages)

Availability depends on instructor and family needs. \$25/ 30-minute session

For registration and more information please contact Julie Flynn at

jflynn@clubatsnoqualmieridge.com



The Learn to Swim Program is designed for swimmers ages 3 and older to learn water safety and proper swimming technique. The daily classes introduce and focus on each swimmers individual swimming abilities. The instructor will motivate and push swimmers to be able to demonstrate skills for each specific swimming level. The goal of this program is to teach children how to be water safe and teach them proper swimming techniques that they can use for the rest of their lives.

Child's Name _____ Birthday _____

Parent Name _____ Member number _____

Sessions attending:

Saturday _____ Time _____

Sunday _____ Time _____

Session #1 _____ Time _____

Session #2 _____ Time _____

Session #3 _____ Time _____

Session #4 _____ Time _____

Please indicate skills that your swimmer is able to do independently:

	5 relaxed bobs
	back float (5 sec)
	front float (5 sec)
	front glide (supported)
	back glide (supported)
	jump in and float/recover
	front kicking 5 yards (arms in streamline)
	back kicking 5 yards (arms in streamline)
	freestyle 10 yards no breathing
	freestyle with side breathing 15 yards
	backstroke 10 yards
	treading water 30 sec
	breaststroke kick
	breaststroke pull
	full breaststroke
	butterfly

*on the first day of class we will assess swimmers and make sure they are in the correct class

Please return completed form to Pool or to Club House

Questions? Contact Julie Flynn Aquatics Manager jflynn@clubatsnoqualmieridge.com